Behavourial Controls and Hygiene

Simple Steps to stop the Spread

There are some simple steps in the workplace to help stop the spread of COVID-19.

- Screen for risks of potential exposure before entering site
- Keep your distance
- Conduct regular toolbox meetings to share information (observe physical distancing)
- Use hand sanitiser provided
- Stagger start and finish times
- Cough or sneeze into your elbow
- Stagger lunch times
- Place rubbish in bins provided
- Don't touch your face
- Stay at home if you feel sick
- Use appropriate PPE
- Clean tools before and after use
- Eat at designated locations every day

Physical distancing

Guidelines for maintaining distancing between workers to minimise the spread of COVID-19. Remember to keep 1.5 metres away from others as much as possible, and where safe to do so.

Self-Isolation

Advice for workers with or without symptoms of infection, who are isolating themselves due to potential exposure to COVID-19.

If you have symptoms

- Stay at home, and away from others
- Notify your employer
- Ring the COVID Helpline 1800 675 398
- Seek medical advice
- Return to work after clearance from a doctor

If no symptoms

- Stay at home
- Notify your employer
- Return to work after 14 days if no symptoms develop

Maintaining shared spaces and equipment

Recommended controls minimise the risk of spreading COVID-19 on work sites.

- Clean tools before and after use
- Clean frequently touched surfaces
- Eat at designated locations every day
- Clean plant and equipment after use
- Clean work vehicles regularly